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Manhattan Resource Guide

Serving Kansas with offices in Topeka (Main Office), Manhattan and Lawrence

May 2015

| ANIMAL | ADDRESS | PHONE | SERVICES | NOTES |
|---|------------------------------------|--|---|---|
| 1. Riley County Humane Society | 821 Wildcat Ridge | 785-776-8433 | Volunteer organization dedicated to the welfare of animals. They work closely with area shelters to promote adoptions and have their own animals available for adoption that are cared for by volunteers. | |
| 2. T. Russell Reitz Regional Animal Shelter | 605 Levee Drive | 785-587-2783 | Animal Control Shelter run by City of Manhattan. Reunite lost animals with owner, place animals in new homes, enforce local ordinances, investigate welfare and cruelty reports, provide education concerning pet ownership. | |
| DISABILITY | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Manhattan SRS Office | 2709 Amherst Ave | 785-776-4011 | | |
| 2. Social Security Administration | 1121 Hudson AVE | 877-840-5741 | Provides information and assistance with disability income and social security. No fees. | 9 am-4 pm www.ssa.gov |
| 3. Three Rivers Independent Living Resource Center, Inc. | 200 Southwind Place #103 | 785-537-8985 | Provides a variety of community and individual services for persons with disabilities. These include: Independent living skills such as budgeting, cooking, etc., counseling services, community or individual advocacy, family services concerning disability issues, vocational assistance, transportation, housing assistance, and information and referral. | |
| 4. Vocational Rehabilitation Service | 2709 Amherst Av. | 785-776-4011 | Provides counseling, job coaching, job placement and helps with schooling for people with disabilities. | 8 am-5 pm (M-F) www.srskansas.org |
| EMPLOYMENT | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Manhattan Workforce Center | 205 S. 4 th St. Suite K | 785-539-5691 | Provides job seeker information on available programs and services, training providers, career and occupational data, financial data, job listings, and social services. No fees. | 8 am-5 pm (M-F) |
| 2. Manpower Temporary Services | 555 Poyntz Ave | 785-776-1094 (Man) 785-762-5500 (JC) | Provides clerical and industrial help to businesses in the Mhk/JC area. Temporary jobs may range from 1 day to indefinite length to placement through this service. Businesses pay the fees. | 8 am-5 pm (M-F) www.manpower.com |

| HEALTH CARE | ADDRESS | PHONE | SERVICES | NOTES |
|--|-------------------------------------|-----------------------------------|---|---|
| 1. American Red Cross | 2601 Anderson Av. #200 | 785-537-2180 | Provides a volunteer blood service, conducts community courses in CPR, first aid, water safety and family life education. No fees for services. Recovery fees charged for materials and textbooks used in classes. | 9 am-Noon & 1-5 pm (M-F) www.thinkred.org |
| 2. Flint Hills Community Clinic | 401 Houston St., Ste. C | 785-323-4351 | Free healthcare for those without insurance. | |
| 3. Riley Co-Manhattan Health Dpt. | 2030 Tecumseh Rd. | 785-776-4779 | Provides assistance with family planning, maternal and infant (M&I) program, WIC, health education, community health clinic, Kan-Be-Healthy program and environmental health | Clinic hours: 8:45 am-4:30 pm (M,T,W) 9:30 am-6:30 pm (Thur) 8:45-11:30 am (Fri) |
| 4. SRS | 2709 Amherst | 785-776-4011 | Medical assistance programs | |
| HOMELESS | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Crisis Center Inc. | PO Box 1526 | 785-762-8835 or 1-800-727-2785 | Provides services for individual and group counseling to battered women and their children, sexual assault victims and their families. Services include shelter, food, legal help, emergency transportation and counseling. Free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties and Fort Riley. | 24 hrs per day Email: ccimhks@oz-online.net |
| 2. Manhattan Emergency Shelter | 416 S 4 th ST | 785-537-3113 | Local and social welfare services – emergency shelter. | 1-5 pm (Mon) 8 am-5 pm (Tue-Fri) |
| HOUSING | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Habitat For Humanity | 727 Poyntz Ave | 785-537-7545 | Helps build affordable homes for lower income families who purchase homes through a no-interest real estate mortgage, make monthly payments, have put sweat equity into building the homes, and take care of them while living there. | |
| 2. Manhattan Housing Authority | 1339 Flinthills | 785-776-8588 | Assists income-qualified persons find decent, safe and affordable housing. | |
| LEGAL SERVICES | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Flint Hills Legal Services | 104 S. 4 th St., Floor 2 | 785-537-2943 | Provides legal assistance to low-income persons in civil matters in Clay, Riley, Geary and Pottawatomie counties. | 8:30 am-Noon & 1-5 pm (M-F) |
| MENTAL HEALTH | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Pawnee Mental Health | 2001 Claflin Road | 785-587-4310 | Provides counseling and other mental health services. | 8am to 7pm (M & W) 8am to 9pm (T & Thur) 8am to 5 pm (Fri) |

| RENT – UTILITIES – FOOD PANTRIES | ADDRESS | PHONE | SERVICES | NOTES |
|---|--------------------------|-----------------------------------|---|--|
| 1. Light House Baptist Church | | 785-410-4324 | Offers emergency food pantry – by appt Clothing pantry- 1 st Sat of the month from 9am-12pm or by appt Wednesday night meal – 6pm free to all attendees | Pastor Jim |
| 2. Flint Hills Breadbasket | 905 Yuma St. | 785-537-0730 | Provides food assistance for anyone struggling to make ends meet. No Fee. (Monday – Friday) | 8:30 am-Noon & 1-4 pm breadbasket@interkan.net |
| 3. Ogden Friendship House U.M.C. | 106 NE | 785-539-1791 | Provides a food (for Ogden residents only) and clothing distribution center and information about WIC, mothers and infants, and cooking classes. | 1-4 pm (M-F) www.co.riley.ks.us |
| 4. Salvation Army | 310 Poyntz Av | 785-539-9399 (Social Agency) | Provides emergency funds for temporary or emergency needs only to individuals or families who have inadequate resources. Thrift Store has clothing and household items at a reduced cost. Fees: prices vary. | Social Agency: 10 am-4 pm (M-F) |
| 5. Shepherds Crossing | 611 Humboldt St. | 785-776-1470 | Provides financial assistance with utility bills, rent, food, prescription drugs and other necessities. No fees. | 10 am-2 pm (Tues) 2 pm-5:30 pm (Thur) |
| 6. SRS | 2709 Amherst | 785-776-4011 1-888-369-4777 | Financial assistance, medical assistance, food stamps, summer/winter low income energy assistance program (LIEAP) and social serves to eligible Kansans. Information on Health Wave (children’s medical ins.), additional non-agency information. Some services may require partial fee payment. | 8 am-5 pm (M-F) Email: mcak@srskansas.org Web: www.srskansas.org |
| SENIOR CITIZEN | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Area Agency on Aging, North Central – Flint Hills | 401 Houston St. | 785-323-4300 or 1-800-432-2703 | Provides information and assistance to 60 yrs and older, or spouse of someone age 60 yrs or older, and a resident of the 18-county area. Provides assistance with obtaining assistance devices, prescription drug assistance, insurance counseling, and employment. Some services are free of cost, funding is available to assist with the cost of others. | 8 am – 5 pm (M-F) Email: ncfhaaa@ncfhaaa.com |
| 2. Meals on Wheels | 401 Houston St. | 785-776-9294 | Delivers daily hot meals to elderly, disabled and homebound. | |
| 3. Riley Co. Health Department | 2030 Tecumseh Rd. | 785-776-4779 | Senior Group Exercise – classes start on August 26 (call Julie ext 274) | 10:00-10:45 am (Tuesdays & Thursdays) |
| 4. Riley Co. Seniors Services Center | 301 N 7 th ST | 785-537-4040 | Provides services to elderly. | |

| THRIFT STORE & FURNITURE | ADDRESS | PHONE | SERVICES | NOTES |
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| 1. Encore Shop | 611 Poyntz Ave. | 785-776-7866 | Provides a low price clothing source for community. | 1-4 pm (M-Sat) |
| 2. Family Center Budget Shop | 730 Colorado St. | 785-565-5010 | Provides a resource to purchase used and new clothing items for all ages. Price varies with items. | 1-4 pm (T-F) 10 am-1 pm (Sat) |
| 3. Salvation Army | 310 Poyntz Ave. | 785-770-3171 | Clothing and household items at a reduced cost. Prices vary. | 10 am – 6 pm (M-Sat) |
| TRANSPORTATION | ADDRESS | PHONE | SERVICES | NOTES |
| 1. ATA Bus | 115 N. 4 th Street #2 | 785-537-6345 | General public transportation, geriatric services, health services, social services. | www.rileycountyks.gov |
| WOMEN | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Crisis Center Inc. | PO Box 1526 | 785-762-8835 or 1-800-727-2785 | Provides services for individual and group counseling to battered women and their children, sexual assault victims and their families. Services include shelter, food, legal help, emergency transportation and counseling. Free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties and Fort Riley. | 24 hrs per day Email: ccimhks@oz-online.net |
| 2. Life Choice Ministries | 1445 Anderson Av | 785-776-9406 | Pregnancy testing and support, and educational services and baby clothes/supplies | |
| CHILDREN & Family | ADDRESS | PHONE | SERVICES | NOTES |
| 1. Manhattan Catholic Charities | 323 Poyntz Av., Ste 102 | 785-323-0644 | Providing help, advice, support or family services. Kansas Loan Pool Project – loans to assist with payday loans | www.manhattancatholiccharities.org |
| 2. Sunflower Casa Project | 115 N. 4 th St. | 785-565-6445 | Advocates on behalf of abused and neglected children. | |
| 3. Head Start | 1700 Leavenworth | 785-587-2045 | Free early childhood program for families with low incomes. Child enrollment for ages 3-5 years of age. Full- and half-day preschool classes. Physical, dental, hearing and vision screenings; speech and language screenings and therapy, nutritious snacks and meals; social services; educational programs for parents; transportation available in some areas. | |
| 4. Housing & Credit Counseling, Inc. | 323 Poyntz Avenue | 785-539-6666 or 1-800-383-0217 | Provides service for people who need help with money problems. \$45 for first interview. Further calls and visits are free. | 8 am – 5 pm (M-F) www.hcci-ks.org |
| 5. Manhattan Day Care & Learning Center, Inc. | 901 Yuma St | 785-766-5071 | Provides quality child care and education for 18 month to 6 yr olds, with priority given to low-income and single parent families. | 8 am – 4 pm (walk in) 8 am – 5 pm (call in) |
| 6. UFM Community Learning Center | 1221 Thurston St. | 785-539-8763 | Provides educational programs on a wide range of topics. Fees: depends on the course. | 8 am-Noon & 1-5 pm (M-F) www.ksu.edu/ufm |
| 7. Riley County Extension | 110 Courthouse Plaza B220 | 785-537-6350 | Provides educational programs and information to the public on a wide range of topics. | 8 am-5 pm (M-F) www.co.riley.ks.us |